



Healthy Eating & Weight Loss

Frozen Key Lime Pie

- 1 cup key lime juice, bottled
- Zest of 1 lime
- Juice of 2 limes
- 1 box sugar free lime gelatin
- 2 cans fat-free sweetened condensed milk
- 1 tub (8 oz) fat free cool whip, thawed
- 2 reduced fat graham cracker pie crusts

Put juices and zest in a bowl and slowly whisk in gelatin until almost dissolved. Whisk in condensed milk until fully blended. Whisk in whipped topping until blended. Pour mixture into crusts and freeze for 6 hours.

263 calories per serving, 5 g protein

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